REPORT ON FIT INDIA WEEK

Fit India week was celebrated from 15 Nov 2023 to 15 Dec 2023 wherein various activities were conducted in the school like poster making, pledge on fitness etc .In continuation to that ,On 08 December 2023, Annual Sports Day was also celebrated with grandeur and enthusiasm.

The day unfolded with a well-organised sequence of sports events. Class-I students eagerly participated in the 50 metres Butterfly and Flower Race, while class-II was engaged in the Carrot and Rabbit Race. Class-III students took part in the Foundational Literacy and Numeracy Race (FLN), followed by class- IV in the Step on my Heart Race and class-V in the Sandwich Race. Classes VI, VII, VII and XI participated in the 100 metres and 200 metres races, while classes VIII, IX and XI joined in additional 400 metres and Relay Race. Zumba, Yoga and the Pyramid added an extra layer of excitement to the day, displaying the students' talent, vigor and unity.

